

Kakrao prayer update – April



Dear Friends,

It's always a great encouragement to hear updates from members of staff when they return from projects in Africa. This month I'll be sharing news from Anna Campbell-Johnson, Head of Programmes for Kenya, who visited the Kakrao Project recently. She met Anna and Gotiam, a couple who have been part of the project since the beginning, and enjoyed hearing about how their lives have changed over the past two years.

They have 10 children - four are grown up and have moved away; two still at home and four who are his brother's orphaned children. In the past, Anna and Gotiam have not been able to send their children to school as they simply didn't have the funds. Now all six who live at home attend school, and have aspirations of going on to university.

Anna and Gotiam have been working hard to make sure that all the family is fed and educated. It is really noticeable that they are so content with life and enjoying the changes. They work together around the farm and share duties. Anna says: *"we used to suffer in this homestead because we were lacking skills. Now we have them, and are moving out of suffering."* All the knowledge they have been given from Send a Cow has *"brought lots of peace and love into the family."* She also told the team that Gotiam is happier now as he gets a good breakfast!



Gender training - helping to change mindsets around Who carries out each of the household tasks

Anna says that she has benefitted greatly from the training in nutrition and healthcare which has *"allowed me to shine"*. She has seized an opportunity and now sells sweet potato chappatis and mandazi to the local primary school which is bringing in a good income for the family.

Anna and Gotiam have also been working on how best to combat drought. Before they used raised beds but they now think it is more efficient to use sunken beds. They recently ran an experiment, growing cassava in both ways. They discovered that cassava grows far better in these sunken beds. How exciting for them to be able to demonstrate their own discoveries not only with the community group, but also with the Send a Cow team.

The Send a Cow training has not only brought the family closer together, but the whole community. Every member of their group has worked together to construct a cowshed on each other's land. No one is left to struggle on their own. That sense of community is something we can all learn from here in the UK!

Please pray:

- Thank God for Anna, Gotiam and their children. Praise him for all the different training they've received which has brought such peace and happiness to their lives.
- Pray for this community as they support one another and learn from each other. Pray for God to continue to bless them
- Thank God for the Send a Cow team who to bring their passion and experience to these farmers. Pray for safety for them as they travel often long distances to reach the farmers.

Thank you for your continued prayers.



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