

Kakrao prayer update - May

KAKRAO PROJECT

Supporting Kenyan families with HIV/Aids

Dear Friends,

This month I thought you would like to see a few more photos of Caren - she's doing really well and it's only been eight months since the project started!



"I never knew that I could have vegetables to feed my family around my house. I am very happy and thank Send a Cow Kenya so much. The training has given me the knowledge and skills to help me do better vegetable farming for food and income."



"Having seen yields from the garden and sack of produce, the group members are motivated to establish their own gardens. Other community members cannot stop admiring the results and leave with the urge to do the same for themselves."



Caren is a widow and HIV positive, supporting her family of seven. She is a member of the Ohinga self-help group, which is located near the Kenya Thriving project in Otacho. For years, Caren has struggled to support her family, often only eating one small meal a day. Although she has found the training and creating her garden hard work, her situation has already improved. You can see in the photos Caren picking vegetables to prepare meals for her family from her sack garden and keyhole garden, using the tip-tap and with members of the Ohinga self-help group during training.

This is all great news, however, it's also important to share with you that there is a great need for clean water in this region. We are currently working on a spring capping project which you will hear more about over the coming months. We would really appreciate your prayers as we plan this project to ensure that Caren and her community have access to clean water. As you can imagine, this is a matter of urgency!

Please pray

- Praise God for the speed at which Caren's life has already turned around. Thank him that she is able to feed her family and is able to generate an income.
- Pray for God to protect those like Caren, a grandmother, who is trying to support her family whilst struggling with the effects of HIV/AIDS.
- Pray for the spring capping project, that we will be able to fund it and that more people will have access to clean water than ever before.

Thank you for your continued prayers,
Best wishes,



Ann Hatton
Church Development Manager



Thank you for sharing our passion to help some of the world's poorest people. We hope you are happy to continue receiving news. If you would like to update the way that we contact you then please do call our Supporter care team on 01225 874222 or email me at ann.hatton@sendacow.org