

## Kakrao prayer update - January



Dear Friends,

Happy New year to you all! I hope that 2018 has started off well for you. It certainly has been a great start for the Kakrao project - work has really got started and I imagine there must be a real buzz around the community, as they will have high hopes for the future now that they can start to see the fruits of their labour.

### Training

The groups have received training in the following:

- Cornerstones and values (see end of letter)
- Hygiene and sanitation; Construction of Tip Tap for washing hands and dish rack for drying utensils. They learn about the importance of washing their hands, and the Tip Tap provides them with the means to do that. The drying rack bleach dries their utensils, keeping them sterile.
- Vegetable garden construction - there will be more information about this next month, but they've started to make preparations for growing their vegetables.

### What the farmers have been saying:

There is a new hope in this community and opportunities for new beginnings!

*"I have not been farming on my land because it is rocky, but now I have knowledge on how to grow vegetables on my farm, thank you Send a Cow" Maria Kavere*

*"As youths we have been excluded by development organizations including government, we thank Send a Cow for recognising us and involving us in their work" a member of Koyoo youth group*

### Kakrao Project Launch

Sylvia has asked for prayer for the preparation and planning for a successful launch of the Kakrao project at the end of this month.

The political instability in Kenya delayed this launch which is why it's only happening now. I hope that there will be lots of photos from this event in the next month or so.

### Please pray

- Pray for the groups as they take on all this new knowledge, that they will be able to support each other through the ups and downs of putting into practice these new skills.

- Pray for the peer farmers - those who have been given the bulk of the training and who will need to pass this on to others. Pray that God will help them to be confident and clear in training others.
- Pray for God's blessing on this community as great changes start to happen.
- Pray that God will bless the staff as they build relationships with the farmers in this community.

Thank you for your continued prayers,  
Best wishes,



Ann Hatton  
Church Development Manager



*Demonstration of the newly built Tip Tap and drying rack*

## **CORNERSTONES**

I've included the top line descriptors for each of the 12 Cornerstones

### **1. Passing on the Gift**

Every family receiving support from Send a Cow (e.g. training, livestock, seeds etc) agrees to pass on the equivalent of the 'gift' (knowledge, skills, seeds, first female and/or male offspring) of equal quality to another willing family in need.

## **2. Accountability**

We hold ourselves accountable for work - defining needs; setting goals; and planning strategies to achieve them, together with processes for monitoring, reviewing and evaluating our work.

## **3. Sharing and Caring**

Sharing and caring is one of our most important cornerstones, and reflects our commitment to love one another and to be sensitive to personal needs and to our shared vision.

## **4. Sustainability and self-reliance**

We promote self-reliance so that farmers have more control over - and hence more choice within - their lives, which we believe is possible where there is a positive attitude, shared vision and values, and adequate skills and knowledge.

## **5. Integrated Animal and Crop Management**

Send a Cow is committed to setting and maintaining the highest standards of animal welfare. Not only is it right to treat animals well, well cared-for animals are also more productive assets for their owners, living longer and more useful lives.

## **6. Nutrition and Income**

Animal waste provides manure for soil fertility and sometimes for lighting, while surplus livestock and crops are sold to generate income. Livestock can also provide long-term economic security as living savings accounts.

## **7. Gender and Family Focus**

Our programmes promote family unity, joint ownership of assets and property as well as fair treatment of all girls, boys, women and men.

## **8. Genuine Need and Justice**

Send a Cow's priority is to work with people who are marginalised and/or vulnerable within communities and who are willing to improve the quality of their lives. We only work with people in groups however.

## **9. Improving the Environment**

Send a Cow believes we all hold responsibility for maintaining our environment for use and enjoyment by future generations.

## **10. Full Participation**

Groups own the projects, with members sharing responsibility for key decisions and giving equal opportunity to all members for participation in decision-making and leadership.

## **11. Training and Education**

All primary stakeholders participate in identifying training needs and content. Formal and informal sessions include farm visits, demonstrations, model farms, peer farmers and hands-on experience.

## **12. Spirituality**

Send a Cow is a Christian based organisation which recognises and respects other faiths while working with all people regardless of their religions or beliefs.

Spirituality is expressed in values, beliefs about the value and meaning of life, a sense of connectedness and shared vision of the future. It often creates a strong bond among group members and gives them faith, hope and a sense of responsibility to work together for a better future.